



SuperCharge
MSN Foods WIS

microgreens

restaurant ready • fresh year round • unsurpassed flavor • excellent shelf life

**high
energy**

**nutritient
dense**

live, local food.



our superfood microgreens

Our microgreens are mindfully grown, chemical free, from organic seed and grown to beyond organic standards at our urban farm in Madison, Wisconsin since 2009. We produce microgreens year-round in our custom designed growing facility utilizing fresh vortex brewed structured water, bio-energetics, and bio-dynamic ocean mineral solution, for the most healthy, flavorful, and nutrient-dense microgreens possible.



hi-power sunflowers

72 Minerals
Essential Fatty Acids That Break Down Cholesterol
Detoxify Radiation
Good Source of Protein

flavor profile

Mild, sweet flavor

use cases

Great anywhere. Entrees, salads, burgers, pizza, vegan and vegetarian dishes, garnish.



full of chi pea shoots

38 Minerals
Vitamins A, B, C, E and K
Antioxidants, Phytonutrients, Chlorophyll
All Essential Amino Acids
26% Protein
(Higher than Chicken or Beef)

flavor profile

Mild, sweet flavor

use cases

Great anywhere. Entrees, salads, burgers, pizza, vegan and vegetarian dishes, garnish.



super sweet wheatgrass

92 Minerals
All Essential Amino Acids
Loaded with Vitamins
Live Enzymes
Antioxidants & Chlorophyll

flavor profile

Rich, earthy, hint of sweetness

use cases

Juices, smoothies, wellness shots



super-tasty microgreens blends

mild mix

May contain Amaranth, Beets, Broccoli, Kale, Mizuna, Pac Choy, Purple Kohlrabi, Rambo Radish, Peashoots, Sunflowers

spicy mix

May contain Amaranth, Arugula, Broccoli, Kale, Mizuna, Mustard, Pac Choy, Purple Kohlrabi, Daikon Radish, Hong Vit Radish, Pea Shoots, Sunflowers

rainbow radish

Hong Vit Radish, Daikon Radish, Rambo Radish

brassica mix

Broccoli, Red Cabbage, Kale, Purple Kohlrabi, Sunflowers

supercharge salad mix

Sunflowers, Pea Shoots, Red Rambo Radish, Hong Vit Radish, Daikon Radish